

12TH PROVINCIAL SKILLS COMPETITION

2009 SKILLS CANADA NEWFOUNDLAND AND LABRADOR



05

AESTHETICS

Scope document

Post-Secondary

Friday, April 3rd, – Woodford Training Centre, CBS

Duration: 5 hours

PURPOSE OF THE CHALLENGE

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well being.

By general means, the essential part of this work is to treat different parts of the body as well as face skin, give specific cares for the nails, remove unwanted hair, give some advises as well as selling cosmetics according to the needs with personalized services and daily cleaning and tided of apparatus and equipment.

Manicure

Objective: Perform a manicure, examine hands and fingernails, record observations on technical chart, and apply a base coat, two coats of red polish and a top coat to the left hand and free hand French polish to the right hand. Nail Art to be applied to the little finger of each hand, with no color bleeding. Clean and tidy work station. Time allocated is 90 minutes

Waxing

Objective: Use lukewarm and warm waxes, completely wax lower legs and knees using warm(strip) wax method, comply with hair removal techniques and remove hair correctly from surfaces to ensure that there is no hair or wax residue remaining, in compliance with hygiene and safety regulations. The competition includes preparing the waxes, completing the technical chart, choosing and applying pre - and post-depilatory products and cleaning equipment. Time allocated is 45 minutes

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Specific facial care with machines

Objective: Perform a facial that meets specific skin needs other than basic facial cleansing. Needs must be analyzed and recorded on the technical chart in order of priority, and the facial must be based on that analysis. A program of salon and home care should be completed, based on the needs diagnosed. N.B.: Candidates do not need to memorize product names, only the generic term denoting the action of the product, (e.g., *hydrating mask*). Time allocated is 90 minutes.

Evening Makeup with contouring and highlighting (modelage)

Objective: apply evening makeup, with fantasy including modeling shadow and highlight according to morphology and harmony. The makeup must be appropriate for evening wear and hairdo should be appropriate to ensure overall harmony. All the details must be consigned on the sketch. Time allocated is 75 minutes

POINT BREAKDOWN / 1000 TOTAL

Manicure: 100 points
Waxing: 350 points
Specific facial care: 400 points
Evening Makeup 150 points

EQUIPMENT, TOOLS, MATERIALS

PROVIDED BY COMMITTEE:

All equipment and apparatus supplied by committee. Facial products will be supplied by Woodford Training Center(France Laure line), Manicure products by O'Regan Agencies(OPI line) and Waxing products by O'Regan Agencies (Essential Waxing Systems)

Committee will supply all small things such as small garbage cans and bags, Windex, cleaning products, Scott towels, distilled water, etc.

SUPPLIED BY COMPETITOR:

- Kleenex
- Q-tips
- Scissors (wax strips)
- Pen
- Writing case
- Manicure (tooling, implements for all the care, cuticle nipper, nail cutter, files, buffer, pumice stone, soaking bowl, orange stick, spatulas, scissors, etc.)
- Timer

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- Waxes spatulas (wooden and metal)
- Apron / cover up (for waxing competition) if desired
- Different kinds of spatulas (cream, mask, makeup products, etc.)
- Makeup products, spatulas, brushes, sponges, disposable applicators, etc.

WORKSITE SAFETY RULES / REQUIREMENTS:

All electrical wires should be taped well on the floor. Individual electrical supply for each candidate to prevent tripping of electrical circuits.

Notice to trainers and participants

In the event of a tie in scoring, the following procedure will apply:

1. In the event of a tie, the candidate with the highest score in the “Facial Treatment” competition will be declared the winner
2. In the event of a tie in the “Facial Treatment” competition, the candidate with the highest score in “Waxing” competition will be declared the winner

PROVINCIAL TECHNICAL COMMITTEE:

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