

13TH PROVINCIAL SKILLS COMPETITION

2010 SKILLS CANADA NEWFOUNDLAND AND LABRADOR



AESTHETICS

Scope document

Post-Secondary

Friday, March 26th – Woodford Training Centre, CBS

Duration: 6 Hours

PURPOSE OF THE CHALLENGE

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well being.

By general means, the essential part of this work is to treat different parts of the body as well as face skin, give specific cares for the nails, both hands and feet, give some advises as well as selling cosmetics according to the needs with personalized services and daily cleaning and tided of apparatus and equipment.

Manicure with Nail Art

Objectives: perform a basic manicure which includes examination of hands and fingernails recording findings on chart provided cuticle work, arm and hand massage, application of base coat free hand French polish followed by the application of the posted nail art (website) to be applied to the right hand and finished with a top coat application and red polish to the left hand with base and top coat. (no quick dry top coat allowed) with no colour bleeding and no corrections to the smile line during application or to the cuticle area. Clean and tidy work station. Note: Nail art must be free hand using only a striper brush and dotter of their choice. Decals, polish corrector pens, or guideline tape are not allowed. 90 minutes

Basic Pedicure with exfoliation and red polish

Objectives: perform a basic pedicure which includes the examination of the feet and nails, record findings on chart provided, exfoliation, cuticle care, callous reduction without the use of a pedicure blade, ½ leg and foot massage, followed by polish application of base coat, two coats of red polish and a top coat. 1 Hour 15 minutes

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Specific facial care with machines

Objective: Perform a facial that meets specific skin needs other than basic facial cleansing. Needs must be analyzed and recorded on the technical chart in order of priority, and the facial must be based on that analysis. A program of salon and home care should be completed, based on the needs diagnosed. N.B.: Candidates do not need to memorize product names, only the generic term denoting the action of the product, (e.g., *hydrating mask*). Time allocated is 90 minutes.

Evening Makeup with contouring and highlighting

Objective: apply evening makeup, with fantasy including modelling shadow and highlight according to morphology and harmony. The makeup must be appropriate for evening wear and hairdo should be appropriate to ensure overall harmony. Time allocated is 75 minutes

POINT BREAKDOWN / 1000 TOTAL

Manicure: 250 points
Pedicure: 200 points
Specific facial care: 350 points
Evening Makeup 200 points

EQUIPMENT, TOOLS, MATERIALS

PROVIDED BY COMMITTEE:

All equipment and apparatus supplied by committee. Facial products will be supplied by Woodford Training Center(France Laure line), Manicure & Pedicure products by O'Regan Agencies(OPI line) Product Lists will be posted to the web with project. Committee will supply all small things such as small garbage cans and bags, windex, cleaning products, scott towels, distilled water, etc.

SUPPLIED BY COMPETITOR:

- Kleenex
- Q-tips
- Scissors
- Pen
- Writing case
- Manicure & Pedicure supplies (tooling, implements for all the care, cuticle nipper, nail cutter, files, buffer, pumice stone, soaking bowl, orange stick, spatulas, scissors, etc.,)
- Timer
- Different kinds of spatulas (cream, mask, makeup products, etc.)
- Makeup products, spatulas, brushes, sponges, disposable applicators, etc.

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- Nail Art product & brushes(stripper & dotter)

WORKSITE SAFETY RULES / REQUIREMENTS:

All electrical wires should be taped well on the floor and individual electrical supply for each candidate to prevent tripping of electrical circuits.

Notice to trainers and participants

In the event of a tie in scoring, the following procedure will apply:

1. In the event of a tie, the candidate with the highest score in the “Facial Treatment” competition will be declared the winner
2. In the event of a tie in the “Facial Treatment” competition, the candidate with the highest score in “Manicure” competition will be declared the winner

PROVINCIAL TECHNICAL COMMITTEE:

Debbie Banfield – Provincial & National Chair/Atlantic Rep – Canadian Expert

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Charmaine Furneaux – Provincial Committee member

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